

Opening Times

Main Pool

Monday

| | |
|--------------------------------|---|
| Early Morning Swim | 7.00am – 9.00am |
| Public Swimming | 9.00am – 10.30am |
| Aqua Dance | 10.30am – 11.15am |
| Public Swimming | 11.15am – 6.15pm |
| Front Crawl Training | 6.20pm – 7.20pm |
| Aqua Aerobics | 7.30pm – 8.30pm |
| Adults Only | 8.30pm – 10.00pm |
| <i>Main Pool Sectioned Off</i> | <i>4.15pm – 6.15pm Swimming Lessons</i> |

Tuesday

| | |
|--------------------|---|
| Early Morning Swim | 7.00am – 9.00am |
| Public Swimming | 9.00am – 10.30am |
| Aqua Dance | 10.30am – 11.15am |
| Public Swimming | 11.15am – 4.00pm |
| Adults Only | 9.00pm – 10.00pm (off peak price charged) |

Wednesday

| | |
|--------------------|------------------|
| Early Morning Swim | 7.00am – 9.00am |
| Public Swimming | 12.00pm – 7.30pm |
| Aqua Aerobics | 7.30pm – 8.15pm |
| Adults Only | 8.15pm – 9.00pm |

Thursday

| | |
|--------------------|------------------|
| Early Morning Swim | 7.00am – 9.00am |
| Aqua Aerobics | 9.00am – 10.00am |
| Public Swimming | 12.30pm – 1.30pm |

Friday

| | |
|--------------------|-----------------|
| Early Morning Swim | 7.00am – 9.00am |
| Public Swimming | 9.00am – 8.00pm |

Opening Times

Main Pool

Saturday

| | |
|-----------------------------------|------------------------|
| Early Morning Swim | 7.00am – 8.30am |
| Public Swimming | 12.00pm – 5.00pm |
| Family Fun Session | 3.00pm – 4.30pm |
| <i>Hythe Synchro Use of Lanes</i> | <i>4.30pm – 5.00pm</i> |

Sunday

| | |
|--------------------|-----------------|
| Early Morning Swim | 7.00am – 9.00am |
| Public Swim | 9.00am – 5.00pm |
| Family Fun Session | 3.00pm – 4.30pm |

Teaching Pool

Monday

9.00am – 4.00pm & 6.30pm – 8.00pm

Tuesday

9.00am – 4.00pm

Wednesday

12.00pm – 4.00pm & 6.30pm – 8.00pm

Thursday

9.00am – 10.00am & 12.30pm – 1.30pm

Friday

9.00am – 9.30am & 12.00pm – 4.00pm & 6.30pm – 8.00pm

Saturday

12.00pm – 5.00pm

Sunday

9.00am – 5.00pm

Hythe Pool's child admission policy

- **Under 4 years of age** must be accompanied in the water by a responsible adult on a **1-1 ratio** the ratio becomes **1- 2** if child under 4 is wearing a suitable kit marked buoyancy aid.
 - **4 – 7 years of age** must be accompanied on a **1- 2 ratio** unless in the teaching pool then becomes a **1- 3 ratio**.
 - **8-11 years of age** must be accompanied in the facilities by a responsible person over the age of 16 the responsible person does not need to enter the water.
 - **11 years and over** No accompaniment necessary.
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Price List 2018 – 2019

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| Adult Peak Swim | £4.20 |
| Adult Off Peak Swim | £3.20 |
| Senior Citizens / Juniors Swim | £2.60 |
| Disabled Swim / Carers | £2.10 (Each) |
| Family Swim Ticket | £10.40 (2 Adult + 2jnr Or 1 Adult + 3jnr) |
| Aqua Aerobics, Aqua Dance | £5.40 |
| Adult Front Crawl Training | £5.50 |
| Cardio Gym | £4.80 |
| Spectator Admission | £1.00 |
| Swimming Voucher Book | 12 Sessions for the Price Of 10 |
| Adult | £42.00 |
| Senior / Junior | £26.00 |
| Disabled | £21.00 |
| Aqua Aerobics | £54.00 |
| Swimming Lessons | |
| Junior, 10 X 30 Minute Lesson (Group) | £56.00 |
| Adult, 10 X 45 Minute Lesson (Group) | £84.00 |
| 1 – 1 Lessons | £13.50 |
| Membership | |
| Annual Advanced Payment | £210 |
| Monthly Payment | £18.40 Minimum 12 Month Contract |
| Open Contract Monthly Payment | £23.60 Can Be Cancelled Anytime £16.40 Joining Fee Applies |
| Main Off Peak Times Monday – Friday 9.00am – 4.00pm, Term Time only | |
| Senior Citizens Are 60+, | |
| Junior Are Children Under 16 years of age | |
| Under 3 year Of Age Are Free of Charge | |
| 2 Swimming Lanes Available Most Public Sessions (Except Monday 4.15 – 5.15 & Saturdays 4.30 – 5), | |
| Last Ticket Sold 30 Minutes Before End Of Session Unless Advertised Otherwise. | |
| This Timetable Is Subject To Change Without Prior Notice. | |

Hythe Swimming Pool

General Information

Hythe Pool Swimming Sessions

Early Morning Swim
Adult Only Sessions
Family Fun Sessions
Lane Swimming
Aqua Aerobics Classes
Aqua Dance Classes
Adult Front Crawl Training

Hythe Pool Memberships Includes

Swimming
Cardio Gym
Instructor Led Water Based Classes (Excluding Swimming Lessons)

Hythe Pool Swimming Lessons

Run Daily during Term Time
All Swim Abilities Welcome
Ages 4.5 Years to Adults
Pre-school lessons available

Hythe Pool Cardio Gym

| | |
|-----------|------------------|
| Monday | 7.00am – 10.00pm |
| Tuesday | 7.00am – 10.00pm |
| Wednesday | 7.00am – 10.00pm |
| Thursday | 7.00am – 10.00pm |
| Friday | 7.00am – 9.00pm |
| Saturday | 7.00am – 7.00pm |
| Sunday | 7.00am – 7.00pm |

You Must Have an Induction before Using the Gym

South Rd Hythe Kent CT21 6AR – 01303 269177
hythe.pool@folkestone-hythe.gov.uk